

SAN ANTONIO SPORTS ACTIVATE



WEEKLY ACTIVITIES

Week 1

JAN 8-13



Week 2

JAN 14-20



Week 3

JAN 21-27



Week 4

JAN 28-FEB 3



Week 5

FEB 4-10



Week 6

FEB 11-17



Week 7

FEB 18-24



Week 8

FEB 25 - MAR 2



Week 9

MAR 3-9



BONUS ACTIVITIES



BLOOD DONATION



**ATTEND A MENTAL
WELLNESS SESSION**



**ATTEND A FINANCIAL
LITERACY CLASS**



**ATTEND A COOKING
DEMONSTRATION**

HEALTH SCREENINGS



PRE-SESSION



POST-SESSION



ANY TIME

Other Health Screening

REWARDS

Who doesn't love rewards?! Our rewards program allows you to earn points for participation throughout each session of ACTIVATE and win other cool prizes. Claim your t-shirt as soon as you earn it! Every other point level can be claimed within the last three weeks of the session.



200 POINTS ACTIVATE t-shirt



300 POINTS \$25 gift card



400 POINTS \$50 gift card



500 POINTS Entered into a drawing for an opportunity to win one of three \$1,000 gift cards



Use this log to track your participation.
Visit SanAntonioSports.org
for more information.



WEEKLY ACTIVITIES SPRING 5K HEALTH SCREENINGS BONUS TOTAL

TOTAL WEEKLY
ACTIVITIES POINTS

+

TOTAL 5K
POINTS

+

TOTAL HEALTH
SCREENING POINTS

+

TOTAL
BONUS POINTS

=

TOTAL POINTS
EARNED